

## OPTIONAL TESTS

### LIPOSCAN, MPOD, OCT

The following **optional tests** recommended by Dr. Gina Dyda-Schmid & Associates.

**There will be a \$20.00 fee for each test described below**

**LIPOSCAN:** Digital screening to determine Meibomian Gland Dysfunction, a common cause of Dry Eye Syndrome. It produces a Meibomian Image snapshot of the Meibomian gland structure in about 30 seconds. Some common symptoms of Dry Eye Syndrome are dry, gritty, itchy, burning, watery eyes, blurred vision, contact lens discomfort, and inflammation

Accept \_\_\_\_\_ Decline \_\_\_\_\_

**MPOD:** The macular pigment optimal density test measures risk factors for macular degeneration, the leading cause of blindness in adults over age 50. Some risk factors include family history, smoker (current or prior), cardiovascular disease, light colored eyes, outdoor occupations, extensive computer, table or smartphone use (blue light damage). Visual challenges include night driving difficulty (vision, light glare), sensitivity to bright light (day or night), and difficulty seeing objects against their background.

Accept \_\_\_\_\_ Decline \_\_\_\_\_

**OCT:** Optical Coherence Tomography a non-invasive imaging test using light waves to take cross-section pictures of your retina. This allows the doctor to map and measure their thickness and changes over time. These measurements help with diagnosis, and guide in the treatment of glaucoma, as well as retinal disease (age related macular degeneration, and diabetic eye disease).

Accept \_\_\_\_\_ Decline \_\_\_\_\_

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_